

‘Family Learning Lockdown busters’

We are offering a variety of one-off online workshops for you and your family.

Choose which workshop you would like to do and **sign up today by using this link**

[HERE](https://bit.ly/2LeI4Ds)

Or copy this into your browser

<https://bit.ly/2LeI4Ds>

Monday workshops: 3.45pm to 5.15pm



Monday: February 8th, March 1st, March 15th, March 29th

Roman workshop: Making a Roman shield & sword

You will need these materials: **Strong card, sticky tape, silver foil, glue PVA or Pritt Stick, red, silver or gold paint, black marker pen.**



**Egyptian workshop: Creating a mummy,
sarcophagus and coil pot**

Monday: February 22nd, March 8th, March 22nd

You will need these materials: Clay or plasticine, a printout of the sarcophagus (this will be emailed to you) sticky tape or bandage, newspaper.

Tuesday workshops 3.45pm to 5.15pm



Reading workshop: Bring a story to life by making a character out of a cardboard tube

Tuesday: February 9th, February 23rd, March 9th

You will need these materials: a favourite book, kitchen/toilet roll tube, coloured papers, sellotape, glue, scissors, felt pens.



Family Crafts: Hat and Mask Making

Tuesday: March 2nd, March 16th

You will need these materials for the Hat: newspaper, cereal box card or similar, stapler, tape

Mask: paper plate or card, plain paper, elastic or string or green garden stick

For both: scissors, pencils, felt pens or paint or oil pastels

Extras such as feathers, sequins, pipe cleaners etc.

Wednesday workshops 3.45pm to 5.15pm



Family Playtime Workshop: Making a Shaker with your toddler

Wednesday: March 3rd, March 10th, March 24th

You will need these materials: a clean, empty, plastic bottle and some dry pasta and other household/kitchen things that will rattle in the shaker



Family Wellbeing workshop: Introduction to Meditation

Wednesday: February 10th, February 24th, March 17th

You will need a quiet comfortable place to meditate either seated or lying down

