



CURRICULUM STATEMENT

PSHE / RSE



INTENT

The intention is that when children leave Park View Community School, they will do so with the knowledge and skills, to be able to play an active, positive and successful role in today's diverse society. At Park View, we encourage all children to have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it. It is important that children have a clear understanding of their emotions and how these can affect their behaviour. In an ever-changing world, it is important that they are aware, to an appropriate level, of different factors which will affect their world and that they learn how to deal with these.

Our intent is to build a PSHE curriculum that develops learning and results in the acquisition of knowledge and skills which will enable children to access the wider curriculum, and work collaboratively with others making a positive contribution to the life of the school. We also want to prepare them to be a global citizen now and prepare them for the opportunities, responsibilities and experiences of their future roles within a global community. It promotes the spiritual, moral, cultural, mental and physical development of pupils.

The Relationships and Sex Education enables children to learn how to be safe, and to understand and develop healthy relationships, both now and in their future lives.

It is the intention that all teaching and learning shows progression across all Key Stages within the PSHE core themes: health and wellbeing, relationships and living in the wider world. Each phase builds on the vocabulary, knowledge and skills taught in the previous to allow children to acquire further knowledge, know more and remember more.

Teachers use the PSHE programme 'One Decision' to equip pupils with an age-appropriate, sound understanding of risk, with the knowledge and skills necessary to make safe and informed decisions and to recognise the importance of their own mental health and well-being. The PSHE curriculum incorporates an age appropriate understanding of RSE, as set out in the statutory guidance, enabling all children to be safe and to understand and develop healthy relationships both now and in their future lives.



IMPLEMENTATION

At Park View School, we strive to provide our children with learning opportunities across and beyond the curriculum, in specific lessons, circle time, special school projects and other activities that enrich pupils' experiences. There are always occasions where teachers may feel it necessary to teach PSHE as a result of an issue arisen in their own class. Teachers reinforce the PSHE curriculum through questioning, vocabulary and discussion topics on displays throughout school.

Through PSHE sessions, the local communities, fundraising opportunities, visitors and national and international events provide enrichment opportunities to contextualise learning. This may be through fundraising events, welcoming visitors to school and links to the local community. Visitors such as emergency services complement our PSHE curriculum to offer additional learning.

PSHE is an important part of school assemblies where children's spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured. British Values are continually covered in assemblies where it is to benefit of the whole school.



IMPLEMENTATION

EYFS

In the Foundation Stage, PSHE and citizenship is taught as an integral part of topic work and is embedded throughout the curriculum. The objectives taught are the Personal, Social and Emotional Development statements from 'Development Matters in the EYFS' and the PSED Early Learning Goals.

Key Stage 1 and Key Stage 2

At Key Stage 1 and 2, PSHE is taught through a clear and comprehensive scheme of work in line with the National Curriculum. Lessons cover three themes of Relationships, Health and well-being and Living in the wider world. These are taught in half termly themes with each year group studying the same unit at the same time (at their own level). Opportunities set out in the PSHE Association's Programme of Study, comprehensively cover the statutory Health Education and Relationships Education guidance.

Pupils are also taught PSHE using 'My happy mind' which is a progressive scheme of work, which aims to build resilient, balanced and happy minds in all children. We aim to teach the science and embed habits around mental well-being in a fun and positive way so children have tools to cope when times get hard.

It also helps in equipping all children with the knowledge, skills and tools to thrive in the modern world.

At Park View, in addition to Relationships Education, we also teach aspects of Sex Education. Alongside this we teach about different kinds of relationships, including same sex relationships, and gender identity because it is important that our children should have a clear understanding of the full diversity of the world they live in and be prepared for life in modern Britain. It also identifies links to British Values, and SMSC and is taught in such a way as to reflect the overall aims, values, and ethos of the school.

Wider Curriculum

We believe that focusing on developing a 'Growth Mindset' in our children will help them to build resilience, independence and confidence; embrace challenge; foster a love of learning; and increase their level of happiness. We do this through the language we use in class, praising children for their efforts, and using language to encourage children to change their way of thinking. This supports both our school and PSHE aims and values, and we focus on Growth Mindsets in all aspects of school life.



IMPACT

By the time our children leave Park View School they will:

- be on their way to becoming healthy, independent members of a diverse society
- be open minded, respectful, socially and morally responsible
- recognise how to keep themselves safe, at home and in the wider world
- appreciate difference and diversity
- be able to approach a range of real-life situations
- apply their skills and attributes to help navigate themselves through modern life
- be resilient and show empathy
- recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty
- be able to understand and manage their emotions
- be able to understand how they are developing personally and socially
- be able to look after their mental health and well-being be able to develop positive, healthy relationship with their peers both now and in the future
- understand the physical aspects involved in RSE at an age appropriate level
- have respect for themselves and others
- have a positive self esteem
- learn about their rights and responsibilities

All children understand the importance of PSHE, RE, SMSC and British Values and the effects it can have on life in and out of school, this is evident through termly pupil voice.

An effective PSHE programme can tackle barriers to learning, raise aspirations, and improve the life chances of the most vulnerable and disadvantaged pupils. The skills and attributes developed through PSHE education are also shown to increase academic attainment and attendance rates, as well as improve employability and boost social mobility.