

	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
	Indoors: Space movie	Indoors: Space movie	Indoors: Hot planet movie	Indoors: Hot planet movie	Indoors: Future	Indoors: Future
Warm	Play the movie and	Play the movie and	Play the movie and encourage	Play the movie and encourage children to	planet movie	planet movie
	encourage children to join in	encourage children to join in	children to join in with the actions.	join in with the actions.	Play the movie	Play the movie and
Up	with the actions.	with the actions.			and encourage	encourage children
op					children to join in	to join in with the
					with the actions.	actions.
	Travelling: Travel all around	Falling Planets	Falling Planets	Aiming	Space game	Space game
Activity	the area bouncing the ball.	A partner bounces a ball - the	Display planets slide.	Set out some hoops (sapaceships) in the	adventure part 1	adventure part 2
	Assess each child's ability to	other partner must run to	Perform all of these actions whilst	playing space.	Assessment	Assessment
	perform these actions.	catch it.	holding a ball:	To unlock the spaceship, get 10 objects in	See lesson page	See lesson page and
		Turn with back to partner	Jump to Jupiter	the hoop. These can be beanbags, quoits ,	and Assessment	Assessment
		and still catch the ball.	Skip to Saturn	balls etc.	Snapshot for	Snapshot for details.
		icreate: Display I have an	March to Mars.	Children work as a team to try to unlock the	details.	
		idea slide and ask children to	icreate: Display I have an idea slide	spaceships.		
		suggest a new idea for the	and ask children to suggest a new	icreate: I have an idea slide! Ask children to		
		activity.	idea for the activity.	suggest a new idea for the activity.		
Skill	Dribbling: Have floor spots,	Orbit around the Sun	Bouncing	Orbiting planets	Assessment	Assessment
	markers etc dotted around	Display orbiting planets slide.	A partner bounces a ball - the other	Display orbiting planets slide.	continued	continued
	the hall.	Children pretend to be the	partner must run to catch it.	Children pretend to be the sun and have one		
	Dribble the ball around the	sun and have one planet.	Turn with back to partner and still	planet.		
	craters.	Roll your ball (planet) around	catch the ball.	Roll your ball (planet) around your body (the		
	Aiming: Aim your ball on to	your body (the sun).		sun).		
	the different floor spots.	Encourage the children to		Encourage the children to focus on		
	Dribble your ball between	focus on different body		different body parts eg tummy, leg, waist		
	floor spots then pick it up	parts eg tummy, leg, waist		etc.		
	and aim at the crater!	etc.		icreate: I have an idea slide! Ask children to		
	Assess each child's ability to			suggest a new idea for the activity.		
	perform these actions.					
	In small groups with 1 ball,	Alien Adventures	Bouncing Craters	Alien Adventures	Assessment	Assessment
Activity	children sit in a circle rolling	Using a racket gently guide	Bounce your planet (ball) onto the	Dribbling gently guide your alien (ball) back	continued	continued
	the ball.	your alien (ball) back home.	floor spots to make craters.	home.		
with	Then try standing up, bounce	Naughty aliens - your alien	Teacher calls out a number and the	Naughty aliens - your alien keeps trying to		
	and catch.	keeps trying to escape. Roll	children have to bounce their ball on	escape. Roll your ball (alien) then chase it to		
Skill	Assess each child's ability to	your ball (alien) then chase it	that many craters (floor spots).	catch it.		
SKIII	perform these actions.	to catch it.	Crazy craters - when teacher shouts			
			crazy craters children have to bounce			



		icreate: Display I have an	as many craters as they can in 30	icreate: Display I have an idea slide! Ask		
		idea slide! Ask children to	seconds.	children to suggest a new idea for the		
		suggest a new idea for the	icreate: Display I have an idea slide!	activity.		
		activity.	Ask children to suggest a new idea for			
			the activity			
_	Slides	Slides	Slides	Slides	Assessment	Assessment
Review	Use the questions on the	Use the questions on the	Use the questions on the slides to help	Use the questions on the slides to help the	continued	continued
	slides to help the children to	slides to help the children to	the children to review their	children to review their movements.		
/ Assess	review their movements.	review their movements.	movements.			