

icreate Medium Term Plan: Ages 4-5

	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
Warm Up	Indoors: Space movie Play the movie and encourage children to join in with the actions.	Indoors: Space movie Play the movie and encourage children to join in with the actions.	Indoors: Hot planet movie Play the movie and encourage children to join in with the actions.	Indoors: Hot planet movie Play the movie and encourage children to join in with the actions.	Indoors: Future planet movie Play the movie and encourage children to join in with the actions.	Indoors: Future planet movie Play the movie and encourage children to join in with the actions.
Activity	Travelling: Travel all around the area bouncing the ball. Assess each child's ability to perform these actions.	Falling Planets A partner bounces a ball - the other partner must run to catch it. Turn with back to partner and still catch the ball. icreate: Display I have an idea slide and ask children to suggest a new idea for the activity.	Falling Planets Display planets slide. Perform all of these actions whilst holding a ball: Jump to Jupiter Skip to Saturn March to Mars. icreate: Display I have an idea slide and ask children to suggest a new idea for the activity.	Aiming Set out some hoops (sapaceships) in the playing space. To unlock the spaceship, get 10 objects in the hoop. These can be beanbags, quoits , balls etc. Children work as a team to try to unlock the spaceships. icreate: I have an idea slide! Ask children to suggest a new idea for the activity.	Space game adventure part 1 Assessment See lesson page and Assessment Snapshot for details.	Space game adventure part 2 Assessment See lesson page and Assessment Snapshot for details.
Skill	Dribbling: Have floor spots, markers etc dotted around the hall. Dribble the ball around the craters. Aiming: Aim your ball on to the different floor spots. Dribble your ball between floor spots then pick it up and aim at the crater! Assess each child's ability to perform these actions.	Orbit around the Sun Display orbiting planets slide. Children pretend to be the sun and have one planet. Roll your ball (planet) around your body (the sun). Encourage the children to focus on different body parts eg tummy, leg, waist etc.	Bouncing A partner bounces a ball - the other partner must run to catch it. Turn with back to partner and still catch the ball.	Orbiting planets Display orbiting planets slide. Children pretend to be the sun and have one planet. Roll your ball (planet) around your body (the sun). Encourage the children to focus on different body parts eg tummy, leg, waist etc. icreate: I have an idea slide! Ask children to suggest a new idea for the activity.	Assessment continued	Assessment continued
Activity with Skill	In small groups with 1 ball, children sit in a circle rolling the ball. Then try standing up, bounce and catch. Assess each child's ability to perform these actions.	Alien Adventures Using a racket gently guide your alien (ball) back home. Naughty aliens - your alien keeps trying to escape. Roll your ball (alien) then chase it to catch it.	Bouncing Craters Bounce your planet (ball) onto the floor spots to make craters. Teacher calls out a number and the children have to bounce their ball on that many craters (Floor spots). Crazy craters - when teacher shouts crazy craters children have to bounce	Alien Adventures Dribbling gently guide your alien (ball) back home. Naughty aliens - your alien keeps trying to escape. Roll your ball (alien) then chase it to catch it.	Assessment continued	Assessment continued



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		icreate: Display I have an idea slide! Ask children to suggest a new idea for the activity.	as many craters as they can in 30 seconds. icreate: Display I have an idea slide! Ask children to suggest a new idea for the activity	icreate: Display I have an idea slide! Ask children to suggest a new idea for the activity.		
Review / Assess	Slides Use the questions on the slides to help the children to review their movements.	Slides Use the questions on the slides to help the children to review their movements.	Slides Use the questions on the slides to help the children to review their movements.	Slides Use the questions on the slides to help the children to review their movements.	Assessment continued	Assessment continued