



# Friday Flyer

Friday 19th January 2024

Varley Street, Miles Platting, Manchester, M40 7EJ

Tel: (0161) 519 8562

Headteacher: Ms S Navin



Your local library is a warm welcome space to have a brew, a chat, get advice, pick up a Free data SIM and get online.

**Stay as long as you want.**

Find out more:  
[manchester.gov.uk/libraries](http://manchester.gov.uk/libraries)

Call **0800 023 2692** or Text **07860 022 876**

MAKING  
MANCHESTER  
FAIRER

Helping  
Hands

MANCHESTER  
CITY COUNCIL

## Dates for your diary

Tuesday 23rd January—5V class assembly

Friday 26th January- year 5 Author visit

## Staying warm this winter

MANCHESTER  
CITY COUNCIL

NHS



### How to keep your baby safe and warm this winter

Winter is a time when you may worry about keeping your baby warm enough, especially with the rising cost of living.

For winter warmth advice for your baby visit:

[manchester.gov.uk/babywinterwarmthadvice](http://manchester.gov.uk/babywinterwarmthadvice)

or scan the QR code below:



### Worried about energy bills?

Citizens Advice Manchester is working with Cadent – the company who supply gas to homes in Manchester.

They offer a **free**, confidential service to help you:

- Check if you are able to get financial support
- Manage energy debt
- Save money on energy bills
- Make sure your energy supply is safe
- Get new or better home heating

**Cadent**  
Your Gas Network

Phone: 0808 164 4406

Lines open Monday to Friday 9am to 5pm



You may be able to save on bills or use less carbon by:

- Switching to LED light bulbs
- Investing in energy efficient appliances
- Getting a smart meter
- Switching to green energy



### Property repairs

If you have no heating or need emergency home repairs and are over 60 and on a low income, contact

Manchester Care and Repair

Phone: 0161 872 5500

[www.careandrepair-manchester.org.uk](http://www.careandrepair-manchester.org.uk)



Helping  
Hands

### Manchester's free cost of living advice line

The free Cost of Living Advice Line can help with:

- Benefits and help with your rent
- Advice about debt and paying bills
- Food support
- Support getting online

Phone: 0800 023 2692

Lines are open Monday to Friday 9am to 4.30pm or  
Text: 07860 022 876

[www.manchester.gov.uk/helpinghands](http://www.manchester.gov.uk/helpinghands)



### Warm welcome spaces

Manchester has warm welcome spaces to go for a hot drink, a chat and a warm through this winter, these include your local library.

Libraries have free Wifi and data sims available to help you get online.

Find one near you: [warmwelcome.uk](http://warmwelcome.uk)

[manchester.gov.uk/helpinghands](http://manchester.gov.uk/helpinghands)

Call 0800 023 2692 or text 07860 022 876



### Healthy start scheme

All children need a healthy start in life.

The NHS Healthy Start scheme could help you to buy healthy fruit, vegetables, milk, infant formula milk and vitamins.

Find out if you're eligible:  
[www.healthystart.nhs.uk](http://www.healthystart.nhs.uk)

# Amazing Attendance & Perfect Punctuality

Well done to all the children who are continuing to make it in to school on time. We are still seeing a high number of children turning up late for school. We understand that this can happen on occasion but it does have an impact when it is regular.

Lateness = Lost learning (Figures are calculated over the year)	
5 minutes late each day	3 days lost
10 minutes late each day	6.5 days lost
15 minutes late each day	10 days lost
20 minutes late each day	13 days lost
30 minutes late each day	19 days lost

Last week's whole school attendance was 93.1%. Our whole school attendance for this week has dropped significantly to 90.9%. Our whole school attendance to date has dropped slightly to 93%. Let's work together to get even closer to meeting our attendance goal of 96%.



The winners of our attendance mascots are:- RP, 1P 6V  
The winners of the punctuality mascots are:- RP, 2V, 4P



**GOLDEN BALLOONS** are presented to classes with everybody in school and on time. Well done to 3V!





# Packed Lunches

## FRUIT



## VEGETABLES



## PROTEIN



## DAIRY



## WHOLE GRAINS



## DRINKS



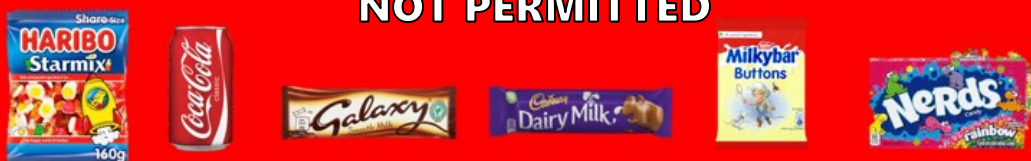
## HEALTHIER ALTERNATIVES



## OCCASIONAL TREATS



## NOT PERMITTED



If your child comes to school with snacks that are not permitted in their packed lunch (e.g. fizzy drinks, chocolate bars or sweets), they will not be able to eat these items and a slip will be sent home in your child's lunchbox.

# UNIFORM



- Grey or black trousers, skirt or pinafore
- White polo shirt or blouse/shirt
- Navy blue sweatshirt or cardigan (This does not have to have the school logo on)
- White, grey, black or navy socks or tights
- Plain black shoes or trainers.
- Navy blue hijab



## PE KIT

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- Navy blue shorts and a plain white t-shirt
- Blue or black track suit bottoms may be worn during colder months
- Trainers or pumps



To comply with Health and Safety regulations no jewellery can be worn in PE lessons. Children must remove stud earrings and watches themselves before the PE lesson. Parents may wish to send children to school without stud earrings and watches on PE days. School staff will not be responsible for earrings and watches removed for PE.

Buy the uniform here:

<https://app.parentpay.com/ParentPayShop/Uniform/Default.aspx?shopid=3708>